

V. Evaluation of Student Physical Development

Questions	How to Answer the Questions	Resources
1. Do students recognize the nutritional needs of their body?	Survey of students	<i>Physical Education Outcomes: Grades K-5. Report of the Task Force to Develop HPERD Program Standards (American Alliance for Health, Physical Education, Recreation, and Dance. Eastern District Association, 1991, March); Physical Education Outcomes: Grades 6-8. Report of the Task Force to Develop HPERD Program Standards (American Alliance for Health, Physical Education, Recreation, and Dance. Eastern District Association, 1993, March).</i>
2. Do students understand the importance of proper health habits and care of their bodies?	Survey of student habits; examination of logs, journals, national test scores	See above
3. Are students aware of the rules of safety and do they display this knowledge in physical activities and their everyday life?	Number of recorded safety-related incidents; survey of students' knowledge of topic	See above
4. Do students exhibit coordination and agility, endurance and strength, and the ability to further develop these characteristics through physical exercise and activities?	Observation and testing	See above
5. Are students aware of the rules of good sportsmanship, and do they display these in recreational and competitive activities?	Interviews with and observation by physical education teachers; interview teachers and parents regarding inter-school activities	See above

Questions	How to Answer the Questions	Resources
<p>6. Do students demonstrate their knowledge of lifelong recreational sports/activities and their role in maintaining good physical and mental health?</p>	<p>Interview students through panel discussions</p>	<p>Questions such as: What are your physical goals in 5, 10, etc. years? What forms of physical activities do you see yourself pursuing?</p>